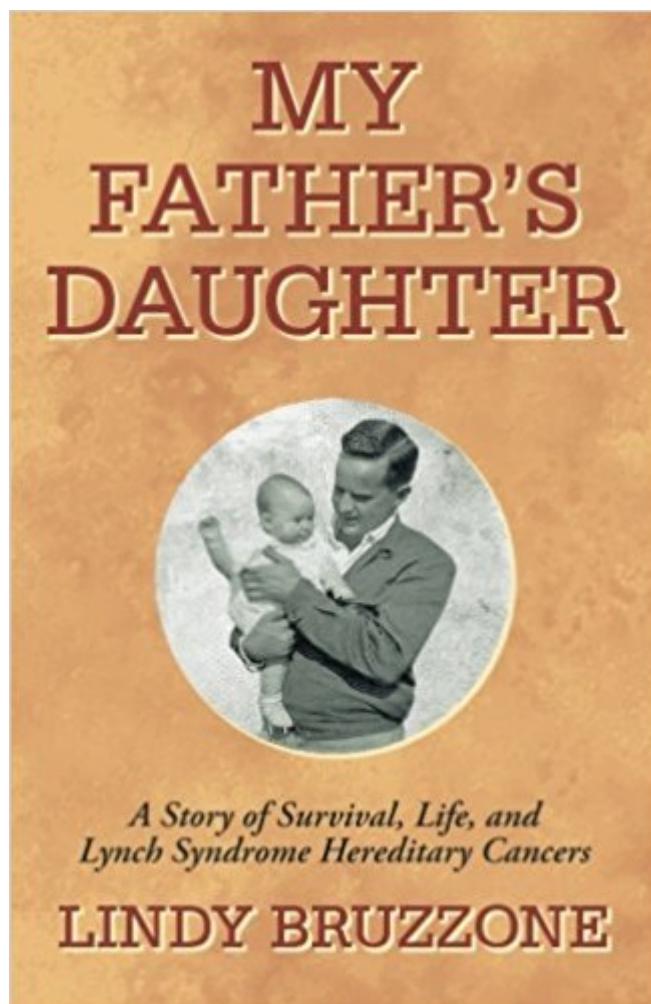


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My Father's Daughter: A Story Of Survival, Life, And Lynch Syndrome Hereditary Cancers



Synopsis

As a child, Lindy Bruzzone knew how she would die. It would be like everyone else in her family who had passed away from cancer—her father, his father, and his mother. For them, it was how life ended. In *My Father's Daughter*, Bruzzone tells the story of a family confronting challenges beginning in the early 1600s when they crossed the ocean seeking freedom. They migrated westward and settled in Los Angeles County in the 1890s. It was there members of her grandfather's family died, one by one, of cancer. She offers childhood memories of growing up within the security of small town, Carson City, Nevada, where her parents live humbly and teach their children to care for themselves in the event cancer strikes again. She challenges mortality—first as a teen, then as a single mother working within California prison yards of Soledad and later at San Quentin, and supervising the most violent parolees on California's mean streets of Oakland and Richmond. She works as an investigative consultant while she waits her turn for cancer to strike. *My Father's Daughter* discusses the day she was finally diagnosed with late staged cancer. Instead of the ending of a life, a new beginning occurs. Bruzzone undertakes a genetic journey working with her medical team to understand and live with the hereditary cancer condition of Lynch syndrome. A roadmap for survival, this memoir inspires strength and gratitude in seeing how Bruzzone learns how to live as her father's daughter.

Book Information

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Customer Reviews

Lindy Bruzzone is an investigator and cancer survivor. She is the founder and the former CEO of Lynch Syndrome International and is a nationally known speaker on Lynch syndrome. She splits her time between the Southern Nevada desert and the San Francisco Bay area with her husband, Steve, and Gus, their Australian shepherd.

I have read this book two times already! And plan to read it again! It is a gripping saga of a rollercoaster life, well lived.. Lindy gives a very detailed account of her family's experience with cancers, finally diagnosed after 3 generations as Lynch Syndrome. Lindy faced tremendous challenges both physically and personally, but was/is strong enough and determined enough to make things better for herself and others. She was a founder of Lynch Syndrome International which has made great strides bringing this to the forefront of medical attention. Her tireless work of several years has helped so many others seeking answers to how to manage this condition. Lindy's inspiring story is one of overcoming tremendous obstacles, hope and life! I highly recommend this book !

I learned a lot about cancer along family genetics. I never knew cancer diagnoses were so old, for one thing. It predates 1800s. The genetic link discovered here is fascinating. I also think very one needs to be more active in helping tie the genetics together so the doctor doesn't brush the concern aside. The cancer saga of the author's family is incredible. She has survived and turned her crisis into a major foundation to educate other patients and doctors. I think it was too lengthy of a story on her career turns and twists, as well as her marriage failings. Much about her late teens and early twenties was a bit needless to the emphasis on the health aspect. Suffering from an incurable disease, I do recognize the frustrations she has experienced. I was wondering when the book would begin to hit the target as health education, vs. so much career history and meandering. It is worth the read, but I afraid I couldn't get to the purpose. Even though there is a lot of medical technology to wade through, it becomes a must faster read midway through the book.

A moving story from beginning to end. Learning how to survive as a teen from family separation made the writer a stronger person for what she was to face as an adult, "cancer." Her research with many doctors to identify the gene that her and her siblings had was finally identified as Lynch Syndrome. So many people have been helped by her persistence to get correct diagnosis are alive today. A must read with a happy ending..

My Father's Daughter by Lindy Bruzzone was surprisingly an easy read. I felt many emotions reading the book. I felt sad, happy, angry, inspired, hopeful, and envious of the life Lindy had. Her dedication to whatever challenges she faced is remarkable from dealing with family rejections, working in male-dominant workforce, facing cancer to finally understanding and helping the awareness of Lynch Syndrome that has unfortunately plagued her and her family of many generations. It's a pretty inspiring book. This would be an excellent book to read in book clubs.

As an adult child that lost her 61 yr old mother to Lynch Syndrome, I wish my entire family could've read this book when we first started on our journey to finding out why 4 generations in our family weren't just coincidentally getting kidney, reproductive, & colon cancers. It took a smart & knowledgeable doctor, that just happened to study under Dr. Lynch, seeing my cousin who had gotten stage 2 colon cancer at the younger than average age of 27, to finally give a name & reason behind it all. I so deeply related to all of the emotions Lindy so beautifully conveyed in this very addictive book. It's done in such an easily readable style that you won't want to put it down until you're finished. I encourage everyone facing an inheritable illness to read this book, especially if you have noticed there's a cancer that seems to run in your family across generations, even if you don't have a name for it yet. I so deeply appreciate everything Lindy Bruzzone has done to bring Lynch Syndrome to the forefront of inheritable cancers & would like to thank her for writing this. I'm planning on passing down the hard copy I purchased, & I hope other families facing Lynch Syndrome, or any other inheritable cancers, buys one to pass down in their family, too. The lessons learned from it are invaluable!

A beautifully written and intriguing story by the Founder and former CEO of Lynch Syndrome International. Taking the challenges that life continues to throw at her and facing them head on, Lindy takes responsibility, changes what she can and adapts to what she cannot change. Most importantly Lindy has done what she can to protect herself and her family from hereditary cancers caused by Lynch syndrome and has given the world a kick-start on creating Lynch syndrome awareness. Knowledge is power!

This book is amazing. Has had me in tears many times. What a great real life journal of events. So proud of the courage - so sad but inspirational. Thank you soooooo much !!!!!#

Unbelievable story of an incredible women. My husband has Lynch Syndrome so I can relate to the ups and downs!

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